

Meet our Facilitators:

Anjeanette Corbeil MSW,RSW (SK)

Saskatoon, Saskatchewan

Rapport Clinical Consulting Group
Certified FISH Philosophy Facilitator
www.buildingfishculture.com
www.rapportgroup.ca
anjeanette.corbeil@gmail.com
306-227-5899

Anjeanette is a loving mother to Ayden and Landis. Ayden was, (is still) Max's very best friend. Anjeanette is a wife to the hilarious Brent (a former hockey coach of both Ayden and Max) and a pet mommy. Anjeanette has over 23 years of experience in facilitating group therapy and is a passionate co-founder of "Healing to the Max". She has taken a leave of absence from her regular position at R.P.C. to devote her energy and talents to the launch of these initial groups. After losing Max, Anjeanette retrained to concentrate on suicide bereavement to help support Ayden who was left behind, as well, to help create and facilitate this one of a kind support for our community.

COST:

Parent Group: \$150 per individual
or \$200 per couple

Youth and Teen Group: Free of
charge

(Please let us know if the fee poses an
issue - we will assist you, as inclusion
in this group is important to us.)

Lauren Kovarsky

Lauren BSC, H has a double honors degree in Psychology and Sociology with Honours from the University of Saskatchewan. Her strengths are in listening to others, deeply empathizing, showing care and compassion, and helping to problem solve. She is a passionate contributor to "Healing to the Max" and is a long-time, personal friend of Jill's. Lauren is a mother to Misha (who is in his second year of university at Queen's, and was a childhood friend of Max's), a much-admired life-partner to Wayne (a devoted, local high school teacher and coach), and a proud pet parent! She loves to be active outdoors, and is the most fun person you'll ever meet! Maybe someday, you will taste one of her gourmet cheesecake creations!

Jill Cowan

Jill is a fellow survivor parent, having lost her beloved son, Maximilian (Max) in March of 2015. Max was just 16 years old. She is also the mother of two surviving children, Zachary and Neave-Marie, a surrogate mommy to Jinx the cat, and wife to firry Scottish Man, Brian. She blogs about navigating her journey of survivorship, and loves all things related to art, fashion, and adventure! Jill was a preschool teacher and has owned her daycare for 15 years. She works part-time at her local Ronald McDonald House, where she helps support sick children and their parents who have extended hospital stays. She loves to travel and someday would like to revisit her roots in the sports of karate and dance. She is a co-founder of "Healing to The Max" and is looking forward to creating connections with other survivor families.



HEALING To The Max

A THERAPEUTIC GRIEF
SUPPORT GROUP
CREATED FOR THE
PARENTS THAT HAVE
LOST A CHILD TO
SUICIDE.

A THERAPEUTIC GRIEF
SUPPORT GROUP FOR
YOUTH AND TEENS
(AGES 11-17 YEARS)
THAT HAVE LOST A
FAMILY MEMBER OR
FRIEND TO SUICIDE.

CONTACT: Jill Cowan at
306-955-7306

WHEN:

Parent Group starting:

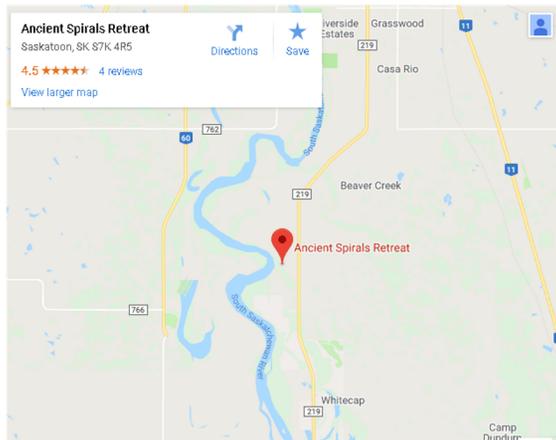
Wednesday, November 27th, 2019 (once per week for 12 weeks)

Youth Group Starting:

Spring 2020 (dates and location TBA)

WHERE:

Ancient Spirals Retreat



PURPOSE OF OUR GROUP:

"Healing To The Max" is the ONLY therapeutic support group offered specifically to support parents and their children bereaved due to a tragic loss by suicide. This twelve-week, intensive group has been collaboratively designed by fellow survivors and clinical counselors with more than 23 years of experience in group therapy. This group will be taught through a narrative therapy lens and will focus on one aspect of this complicated grieving process, each week.

<https://healingtothemax.org>

WE WILL OFFER:

- a work binder to keep your weekly handouts
- a book to help facilitate your weekly journaling
- a presentation from a mother of child loss, and author of "Journey to Healing - A Mother's Guide to Navigating Child Loss"
- a presentation from a highly skilled Reiki Healer
- a session introducing animal-assisted interventions
- a session led by a professional art therapist and much more...

The weekly group will include confidential group discussions, self-reflection, and thoughtful hands-on activities as we support the healing process. This will be an intensive therapeutic group, with the goal of harmoniously complementing individual counseling, and other support groups one may be participating in.

Please REGISTER for "Healing to the Max" by: WEDNESDAY, NOVEMBER 20th, 2019

spaces are limited

We will be setting up interviews to speak further about the details of the 12-week intensive and sign forms of consent. Call for details.